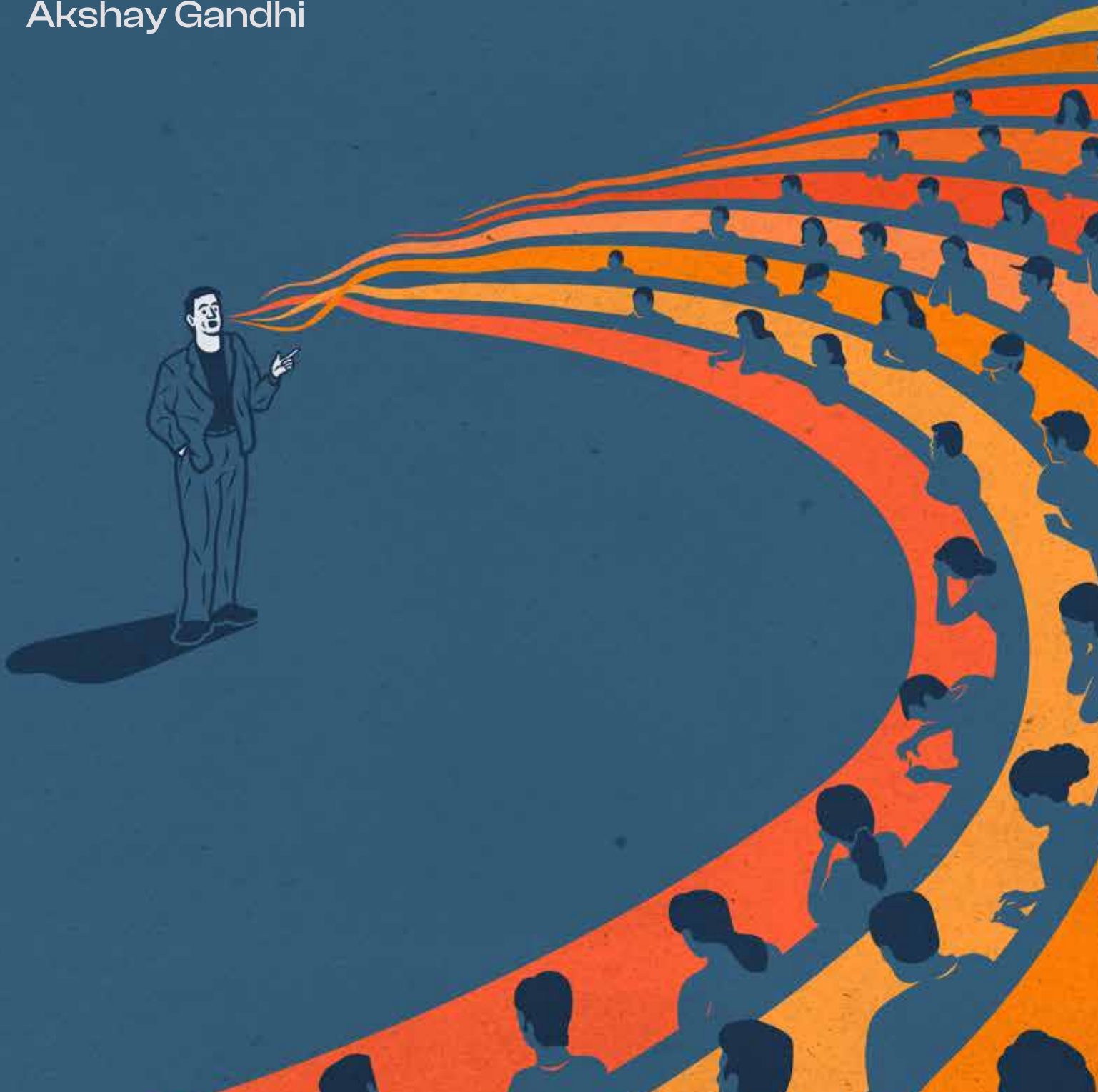


For Ages 12 - 18

APPLIED ARTS

DESIGNED & FACILITATED BY

Akshay Gandhi





A PRACTICAL **HANDS-ON WORKSHOP**

that focuses on delivering influential and inclusive vocal performances across a variety of professional scenarios, like talks, conversations, presentations etc.. It is designed to coach participants in the four most important layers of communication:



Voice



Text



Presence



Story

The workshop simplifies this complex process into basic units, such as breath flow, voice creation, thoughts, gestures, story structures etc. Participants will experience each unit through activities, followed by technical exercises to improve each unit. Each session includes mindfully designed peer-to-peer, one-to-many, and self-explorations, enabling participants to integrate their learning effectively.

Course Instructor

Akhshay Gandhi is a theatre practitioner & director with over a decade of experience in performing, directing, facilitating & researching. He has performed across the world at prestigious venues like, Stanford University, UC Berkeley, Mercer Island Community Center, Spoken Fest to name a few. He has been invited to share his thoughts on platforms including, TEDx, Economic Times Summit, IATC Conference.

Trained at the SITI Company (NYC) and Odin Teatret (Denmark), he strives to share his constantly evolving understanding of performance as a facilitator.

Recipient of Gessenaralle Artist in residence, Tata Scholar Grant & BITSAA 30u30 award.



WORKSHOP STRUCTURE

This program focuses on enhancing vocal presence, delivering content with authenticity, and learning to tell stories that inspire others.

DAY 1	<p>Introduction to Playfulness</p> <ul style="list-style-type: none"> • Ice-breaker games, body movement exercises, and voice warm-ups. • Advanced improvisation activities; exploring spontaneity.
DAY 2	<p>Basic Craft of Being an Actor</p> <ul style="list-style-type: none"> • Techniques of alignment, posture, and movement. • Breath control and voice exercises; effective speaking techniques
DAY 3	<p>Fundamentals of Storytelling</p> <ul style="list-style-type: none"> • Learning to structure a story; basic elements of storytelling. • Story improvisation activities and storytelling games.
DAY 4	<p>Advanced Acting Techniques</p> <ul style="list-style-type: none"> • Concentration and imagination techniques; character development. • Scene work and partner exercises.
DAY 5	<p>Creating Theatre (Part 1)</p> <ul style="list-style-type: none"> • Understanding time and space in theatre; designing the theatrical space. • Group activities to practise stage movement and body coordination.
DAY 6	<p>Creating Theatre (Part 2)</p> <ul style="list-style-type: none"> • Using bodies together on stage; collaborative exercises. • Creating a short play; initial rehearsals.
DAY 7	<p>Rehearsals</p> <ul style="list-style-type: none"> • Rehearsing the short play; incorporating feedback. • Fine-tuning performances; focus on timing and coordination.
DAY 8	<p>Dress Rehearsal</p> <ul style="list-style-type: none"> • Full dress rehearsal; working with props and costumes. • Final adjustments and preparation for performance.
DAY 9	<p>Final Performance and Reflection</p> <ul style="list-style-type: none"> • Final rehearsals; addressing last-minute changes. • Performance for an invited audience; reflection and feedback session.