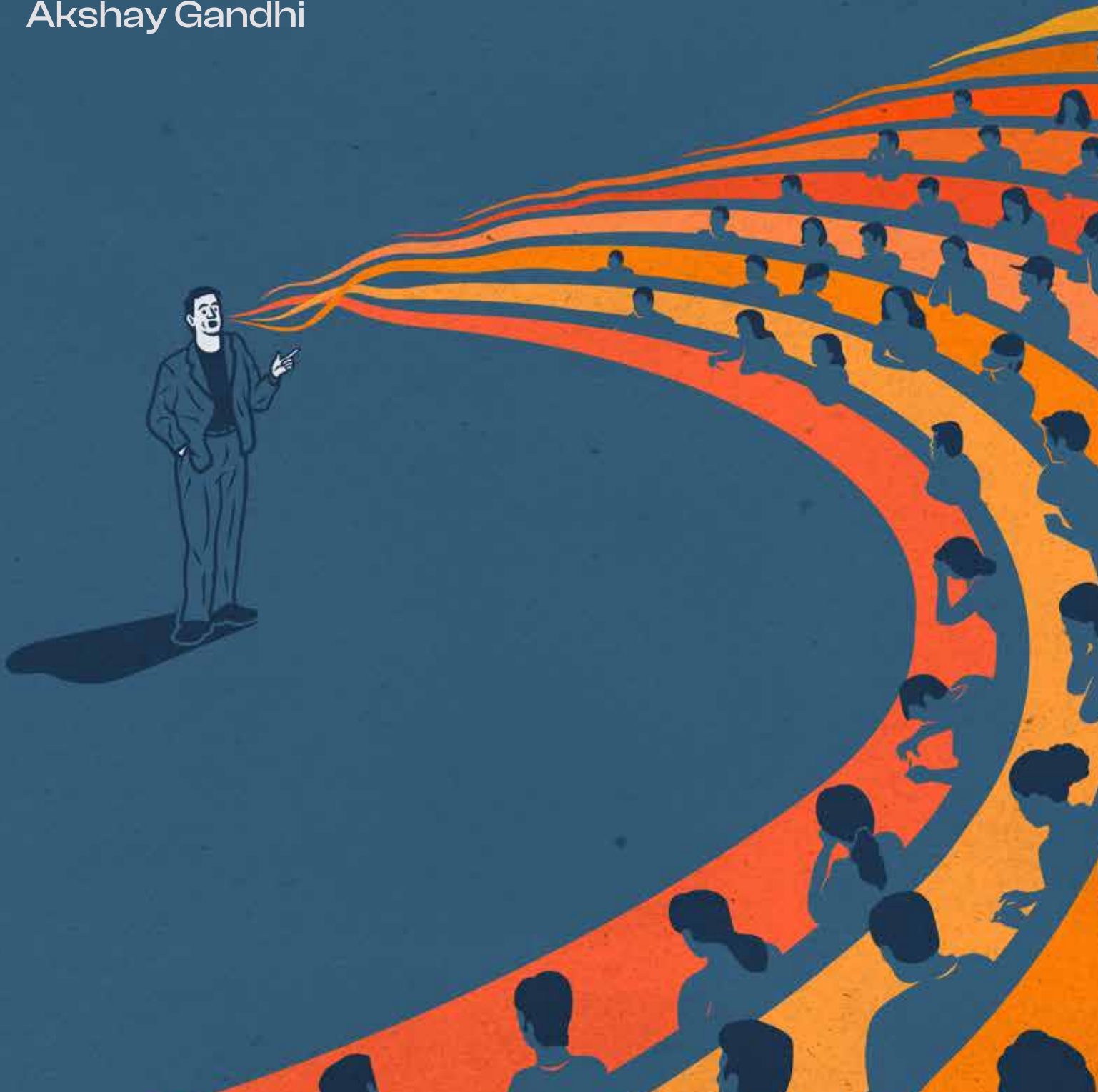


For Ages 18 - 40

APPLIED ARTS

DESIGNED & FACILITATED BY

Akshay Gandhi





A PRACTICAL **HANDS-ON WORKSHOP**

that focuses on delivering influential and inclusive vocal performances across a variety of professional scenarios, like talks, conversations, presentations etc.. It is designed to coach participants in the four most important layers of communication:



Voice



Text



Presence



Story

The workshop simplifies this complex process into basic units, such as breath flow, voice creation, thoughts, gestures, story structures etc. Participants will experience each unit through activities, followed by technical exercises to improve each unit. Each session includes mindfully designed peer-to-peer, one-to-many, and self-explorations, enabling participants to integrate their learning effectively.

Course Instructor

Akhshay Gandhi is a theatre practitioner & director with over a decade of experience in performing, directing, facilitating & researching. He has performed across the world at prestigious venues like, Stanford University, UC Berkeley, Mercer Island Community Center, Spoken Fest to name a few. He has been invited to share his thoughts on platforms including, TEDx, Economic Times Summit, IATC Conference.

Trained at the SITI Company (NYC) and Odin Teatret (Denmark), he strives to share his constantly evolving understanding of performance as a facilitator.

Recipient of Gessenaralle Artist in residence, Tata Scholar Grant & BITSAA 30u30 award.



WORKSHOP STRUCTURE

This program focuses on enhancing vocal presence, delivering content with authenticity, and learning to tell stories that inspire others.

SESSION 1: VOICE AND TEXT	
VOICE WORK	<ul style="list-style-type: none"> • Working with breath; exercises to relax and control breathing. • Discovering a deep and authentic voice; resonance exercises. • Increasing the power and flexibility of the voice; vocal warm-ups.
TEXT WORK	<ul style="list-style-type: none"> • Transforming voice to speech; articulation and clarity exercises. • Developing a relationship with the text; understanding the material. • Speaking strategies to bring speech alive; emphasis and inflection techniques. • Working on different types of speeches; technical, social, and narrative.
SESSION 2: PRESENCE AND STORYTELLING	
PRESENCE WORK:	<ul style="list-style-type: none"> • Reconnecting with the body; posture and alignment exercises. • Integrating gestures and body language; making your presence felt. • Methods to connect with the audience; eye contact and engagement techniques.
STORYTELLING:	<ul style="list-style-type: none"> • Creating and structuring stories; storytelling frameworks. • Techniques to deliver stories effectively; pacing and emotion. • Practice delivering stories; feedback and refinement. • Final presentation; delivering a short story or speech to the group