

For Ages 6 - 12

APPLIED ARTS

DESIGNED & FACILITATED BY

Akshay Gandhi





A PRACTICAL **HANDS-ON WORKSHOP**

that focuses on delivering influential and inclusive vocal performances across a variety of professional scenarios, like talks, conversations, presentations etc.. It is designed to coach participants in the four most important layers of communication:



Voice



Text



Presence



Story

The workshop simplifies this complex process into basic units, such as breath flow, voice creation, thoughts, gestures, story structures etc. Participants will experience each unit through activities, followed by technical exercises to improve each unit. Each session includes mindfully designed peer-to-peer, one-to-many, and self-explorations, enabling participants to integrate their learning effectively.

Course Instructor

Akhshay Gandhi is a theatre practitioner & director with over a decade of experience in performing, directing, facilitating & researching. He has performed across the world at prestigious venues like, Stanford University, UC Berkeley, Mercer Island Community Center, Spoken Fest to name a few. He has been invited to share his thoughts on platforms including, TEDx, Economic Times Summit, IATC Conference.

Trained at the SITI Company (NYC) and Odin Teatret (Denmark), he strives to share his constantly evolving understanding of performance as a facilitator.

Recipient of Gessenaralle Artist in residence, Tata Scholar Grant & BITSAA 30u30 award.



WORKSHOP STRUCTURE

This program focuses on enhancing vocal presence, delivering content with authenticity, and learning to tell stories that inspire others.

DAY 1: INTRODUCTION TO PLAYFULNESS

- Ice-breaker games, body movement exercises, and voice warm-ups.
- Advanced improvisation activities; exploring spontaneity.

DAY 2: BASIC CRAFT OF BEING AN ACTOR

- Techniques of alignment, posture, and movement.
- Breath control and voice exercises; effective speaking techniques.

DAY 3: FUNDAMENTALS OF STORYTELLING

- Learning to structure a story; basic elements of storytelling.
- Story improvisation activities and storytelling games

DAY 4: CREATING A PERFORMANCE (PART 1)

- Explore different forms and traditions of telling a story, like patachitra, shadow work, puppetry.
- Creating your own storytelling performance..

DAY 5: CREATING A PERFORMANCE (PART 2)

- Integrating use of body, sound, text, objects and other elements like puppets or paintings.
- Bringing stories to life through performance; rehearsal for final performance.

DAY 6: FINAL PERFORMANCE AND REFLECTION

- Final rehearsals; fine-tuning performances. (Mocap)
- Performance for an invited audience; reflection and feedback session.